

Ebony A. Walker

Curriculum Vitae

Oklahoma State University
Department of Psychology
320 Psychology Building
Stillwater, OK 74074

ebony.walker@okstate.edu

EDUCATION

Oklahoma State University Aug. 2022 – **Present**

Doctor of Philosophy, Clinical Psychology
Advisor: DeMond M. Grant, Ph.D.
Subspecialty: Adult Psychopathology, Quantitative Methods
Stillwater, OK

Oklahoma State University Aug. 2022 – Dec. 2025

Master of Science in Psychology
Advisor: DeMond M. Grant, Ph.D.
Thesis: *The Effects of Mental Representation of the Self on Attentional Processing Within Social Anxiety*
Stillwater, OK

University of Arkansas Aug. 2017 – May 2020

Bachelor of Arts in Psychology
Fayetteville, AR

University of Nevada, Las Vegas Jun. 2008 – May 2013

Bachelor of Arts in Interdisciplinary Studies: Asian Studies
Minor in Japanese
Las Vegas, NV

Nagasaki University of Foreign Studies Sept. 2011 – Aug. 2012

Study Abroad
Nagasaki, Japan

PUBLICATIONS

Hahn, B. J., Grant, D. M., Nagel, K. M., Deros, D. E., **Walker, E.A.**, & Kraft, J. D. (2025). The Interactive Role of Gender, BMI, and Exercise Habits on Social Physique Anxiety. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2025.2510695>

Deros, D.E., Navarro, J., Kraft, J.D., Hahn, B.J., **Walker, E.A.**, Nagel, K.M., & Grant, D.M. (2025). Exploring Relationships Between Self-Concept Clarity and Social Anxiety Symptoms on Heart Rate Variability During Mental Self-Imagery. *Current Psychology*. doi: [10.1007/s12144-024-06936-z](https://doi.org/10.1007/s12144-024-06936-z)

Grant, D.M., Hahn, B.J., **Walker, E.A.** (2024) Examining nuanced targets in comorbid anxiety and depressive disorder treatment: A commentary on Öst et al. *Clinical Psychology: Science and Practice*. <https://doi.org/10.1037/cps0000166>

Nagel, K.M., Hahn, B.J., Deros, D.E., **Walker, E.A.**, & Grant, D.M. (2023). Psychometric properties of two independent measures evaluating uncertainty and ambiguity. *Journal of Psychopathology and Behavioral Assessment*. <https://doi.org/10.1007/s10862-023-10075-3>

Revised: 08/24/2025

Walker, E.A., Aupperle, R.L., T1000 Investigators, Paulus, M., Ironside, M. (2022).
Reliance on distraction is associated with increased avoidance behavior under approach-
avoidance conflict. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03448-6>

MANUSCRIPTS UNDER REVIEW

Walker, E., White, E., Davis, C., Dykes, M. K., Stewart, J., Guinjoan, S., Aupperle, R., Paulus, M.,
Ironside, M. (under review). Facets of emotion regulation: Internalized disorders

Poplin, T., Kuplicki, R., **Walker, E.A.,** Goldman, K., Ramsey, C., Balderston, N., Aupperle, R.L.,
Paulus, M.P., Ironside, M. (under review). Frontal cortex stimulation modulates attentional
circuits and increases anxiety potentiated startle in anxious depression.

Ironside, M., Kuplicki, R., **Walker, E. A.,** Ramsey, C. M., Forthman, K. L., T1000 Investigators,
Paulus, M.P. (under review) The unique face of anxious depression: Exaggerated threat but
preserved valence sensitivity. <https://www.medrxiv.org/content/10.1101/2022.05.12.22275025v1>

MANUSCRIPTS IN PREPARATION

Deros, D.E., Grant, D.M., Walker, J.C., Mann, E.H., **Walker, E.A.,** Montgomery Jr., T.R., & Hahn, B.J.
(In Prep). The incremental utility of social anxiety assessment in online-specific situations in
predicting dimensions of social sensitivity.

Walker, J.C., Grant D.M, Mann, E. H., Montgomery, T., **Walker, E.A.,** (in prep). Latent Structure of the
Social Physique Anxiety Scale.

Walker, J.C., Nagel, K.M., **Walker, E.A.,** Montgomery Jr, T. R., Hahn, B.J., Mann, E.H., & Grant, D.M.,
(in prep). The Effects of Weight on Exercise Anxiety and Social Physique Anxiety.

Deros, D.E., Grant, D. M., Hahn, B.J., Nagel, K.M., **Walker, E.A.,** & Walker, J. C. (in prep). Latent
factors associated with cognitive features of social anxiety: Independent evaluation of the Social
Thoughts and Beliefs Scale.

Ironside, M., Poplin, T., **Walker, E.** (in prep). A systematic review of threat sensitivity in anxious
depression

POSTER PRESENTATIONS

Walker, E.A., Grant, D.M., Deros, D.E., Hahn, B.J., Mann, E.H., Montgomery Jr., T.R., Walker, J.C.,
Swanson, B., & Judah, M. (Oct. 2025). Neural dynamics of worry: Examining late positive
potential slope changes in threat processing. Poster will be presented at the annual conference of
the **Society for Psychophysiological Research, Montréal, Quebec, CA.**

Walker, E.A., Mann, E.H., Walker, J.C., Deros, D.E., Hahn, B.J., Montgomery Jr, T.R., & Grant, D.M.
(Nov. 2025). Emotion regulation strategies and their effects on worry. Poster to be presented at
the annual conference of the **Association for Behavioral and Cognitive Therapies**, New
Orleans, LA.

Mann, E.H., Walker, J.C., Deros, D.E., Hahn, B.J., Montgomery Jr, T., **Walker, E.A.,** Grant, D.M.
(Nov. 2025). The Mediating Effects of Intolerance of Uncertainty on Worry within Bisexual and
Heterosexual People. Poster to be presented at the annual conference of the **Association for
Behavioral and Cognitive Therapies**, New Orleans, LA.

- Montgomery Jr, T.R, Huzinga, P., **Walker, E.A.**, Mann, E.H., Walker, J.C., Deros, D.E., Hahn, B.J., & Grant, D.M. (Nov. 2025). Cognitive Reappraisal Improves Performance and Mood in Aerobic Exercise Cycling to Exhaustion. Poster to be presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, New Orleans, LA.
- Walker, J.C., Deros, D.E., Hahn, B.J., Montgomery Jr, T.R., **Walker, E.A.**, Mann, E.H., & Grant, D.M. (Nov. 2025). Confirmation and Predictive Validity of a Two Latent Structure for Social Physique Anxiety. Poster to be presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, New Orleans, LA.
- Shepherd, A. N., Ward, I. V., Buyondo, M., Sahmaunt, J., Banks, L., Chojnacky, B., Little, S., Alexander, N., Capages, M., Lewins, G., Pope, A., **Walker, E. A.**, Mann, E. H., Walker, J. C., Montgomery, T., Hahn, B. J., & Grant, D (2025). Social physique anxiety factors as underlying mechanisms in the relationship between gender and exercise anxiety. Poster presented at the annual conference of the **Oklahoma Psychological Society**, Edmond, OK.
- Hahn, B. J., Kanu, A., Maxwell, E., Stuckey, L., Buchanan, E., Baptiste, A., Gray, B., Montgomery, T., Walker, J., Mann, E., **Walker, E.**, Grant, D (2025) *The Impact of Substance Use on Body Perception and Attentional Control in Social Anxiety*. Poster presented at the annual conference of the **Oklahoma Psychological Society**, Edmond, OK.
- Poplin, T., Kuplicki, R., **Walker, E.**, Goldman, K., Ramsey, C.M., Aupperle, R., Paulus, M., & Ironside, M. (Feb 2025) Frontal cortex stimulation increases anxiety potentiated startle in anxious depression. Poster presented at: **Brain Stimulation Conference**, Kobe, Japan.
- Walker, E.A.**, Walker, J.C., Deros, D.E., Hahn, B.J., & Grant, D.M. (Nov. 2024). The effects of worry on the relationship between attentional focus and social anxiety. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Philadelphia, PA.
- Hahn, B.J., **Walker, E.A.**, Walker, J.C., Deros, D.E., & Grant, D.M. (Nov. 2024). Objective interoceptive measurement evidence for exercise and reduction of attentional bias in social anxiety. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Philadelphia, PA.
- Deros, D.E., Hahn, B.J., **Walker, E.A.**, Walker, J.C., & Grant, D.M. (Nov. 2024). The impact of bivalent fears of evaluation on interpersonal rejection sensitivity and social anxiety. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Philadelphia, PA.
- Walker, J.C., Deros, D.E., Hahn, B.J., **Walker, E.A.**, & Grant, D.M. (Nov. 2024). The mediation effects of anxiety sensitivity on the relationship between social anxiety and depression. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Philadelphia, PA
- Poplin, T., **Walker, E. A.**, Goldman, C., Aupperle, R. L., Paulus, M. P., Ironside, M. (2024). Frontal cortex stimulation increases anxiety- and fear-potentiated startle in anxious depression. Poster was presented at the **Society of Biological Psychiatry**, Austin, TX.

- Walker, E.A.**, Deros, D.E., Nagel, K.M., Hahn, B.J., & Grant, D.M. (Nov. 2023). The effects of depression and anxiety on friendship functions. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Seattle, WA.
- Hahn, B. J., **Walker, E. A.**, Deros, D. E., Nagel, K. M., Walker, J., Grant, D. M. (Nov. 2023). Body awareness and autonomic nervous system reactivity predict social physique anxiety. Poster will be presented at the 57th annual meeting of the **Association of Behavioral and Cognitive Therapies**, Seattle, WA.
- Walker, J., Grant, D.M., Nagel, K.M., Mckenzie, K., Hahn B.J., **Walker, E.A.** & Deros D.E. (Nov. 2023). The Effects of Worry, Gender and Exercise Type on Exercise Anxiety. Poster was presented at the 57th annual meeting of the **Association of Behavioral and Cognitive Therapies**, Seattle, WA.
- Deros, D.E., Nagel, K.M., Hahn, B.J., **Walker, E.A.**, & Grant, D.M. (Nov. 2023). Latent cognitive factors associated with social anxiety concerns: Preliminary results from an independent evaluation of the Social Thoughts and Beliefs Scale. Poster was presented at the annual conference of the **Association for Behavioral and Cognitive Therapies**, Seattle, WA.
- Walker, E.A.**, Walker, G.D., Deros, D.E., Hahn, B.J., Nagel, K.M., Grant, D.M., & White, E.J. (March 2023). Assessment of self-reported and neural predictors of social anxiety symptoms. Poster presented at the annual meeting of the **Southwestern Psychological Association**, Frisco, TX.
- Moore, F.R., Chapman, R., Deros, D.E., Nagel, K.M., Hahn, B.J., **Walker, E.A.**, & Grant, D.M. (March 2023). The interactional effects of worry and caffeine on attentional control. Poster to be presented at the annual meeting of the **Southwestern Psychological Association**, Frisco, TX
- Walker, E.**, Davis, C., Dykes, M. K., White, E., Stewart, J., Guinjoan, S., Aupperle, R., Paulus, M., Ironside, M. (April 2022). Facets of emotion regulation: Associations with rumination and childhood trauma. Poster presented at **Society of Biological Psychiatry**, New Orleans, LA.
- Ironside, M., Kuplicki, R., **Walker, E. A.**, Ramsey, C. M., Forthman, K. L., Paulus, M. P. (December 2021). A multi-level characterization of preserved valence sensitivity as a phenotype of anxious but not non-anxious depression. Poster presented at **American College of Neuropsychopharmacology**, San José, Puerto Rico.
- Walker, E.**, Aupperle, R., T1000 Investigators, Paulus, M., Ironside, M. (September 2021). Distraction is associated with increased avoidance behavior under approach-avoidance conflict. Poster presented at **Society for Research in Psychopathology**, Virtual Conference.
- Ironside, M., Kuplicki, R., Forthman, K., Ramsey, C. L., **Walker, E. A.**, T1000 Investigators, Paulus, M. (April 2021). The intersection of depression and anxiety sensitivity on startle reflex: A transdiagnostic approach. Poster presented at **Society of Biological Psychiatry**, Virtual Conference.
- Wolkowicz, N. R., Ham, L. S., Carrigan, M., Pazda, A., Melkonian, A. J., **Walker, E.** (November 2019). An experimental examination of state-level “Fear of Missing Out” and alcohol cues on reported drinking likelihood. Poster presented at the **53rd annual meeting for the Association for Behavioral and Cognitive Therapies**, Atlanta, GA.
- Molina, E., Folkerth, M., Schultz, K., **Walker, E.**, Ham, L. S., Hurd, L. E., (May 2019). Effects

of Trauma Exposure and Gender Role Orientation on Hazardous Alcohol Use. Poster presented at the **Psychological Science Research Night** at the University of Arkansas, Fayetteville, AR.

Molina, E., Folkerth, M., Schultz, K., **Walker, E.**, Ham, L. S., Hurd, L. E., (April 2019). Effects of Trauma Exposure and Gender Role Orientation on Hazardous Alcohol Use. Poster presented at **Arkansas Symposium for Psychology Students**, Conway, AR.

EDITORIAL SERVICE

Supervised Review

Behavior Therapy (N = 1) 2024

Supervisor: DeMond M. Grant

Behavior Research and Therapy (N = 1) 2024

Supervisor: DeMond M. Grant

RESEARCH EXPERIENCE

Graduate Research Assistant

Aug. 2022 – **Present**

Laboratory of Emotion and Psychophysiology

Advisor: DeMond M. Grant, Ph.D.

Oklahoma State University, Stillwater, OK

Post-Baccalaureate Fellow (DReaM-Neuro)

Feb. 2021 – July 2022

Ironside Laboratory

Advisor: Maria Ironside, DPhil

DReaM-Neuro Director: Evan White, Ph.D.

Laureate Institute for Brain Research, Tulsa, Oklahoma

Research Assistant

Sept. 2020 – Jan. 2021

Adolescence Brain Cognitive Development (ABCD) Study

Advisors: Martin Paulus, MD, Robin Aupperle, Ph.D.

Laureate Institute for Brain Research, Tulsa, Oklahoma

Undergraduate Research Assistant

Jan. 2019 – May 2020

Laboratory for Anxiety and Substance Abuse Research

Advisor: Lindsay Ham-Holm, Ph.D.

University of Arkansas, Fayetteville – J. William Fulbright College of Arts & Sciences

Undergraduate Research Assistant

Sept. 2018 – May 2020

Developmental Cognitive Affective Psychophysiology

Advisor: Connie Lamm, Ph.D.

University of Arkansas, Fayetteville – J. William Fulbright College of Arts & Sciences

CLINICAL EXPERIENCE

Child Assessment Intern

Aug. 2025 – **Present**

Counseling and Counseling Psychology Clinic

Supervisor: Ginger L. Welch, Ph.D.

Oklahoma State University, Stillwater, OK

CVM Counselor Intern

Aug. 2025 – **Present**

College of Veterinary Medicine Counseling Services

Supervisor: Roxanne Maynard, LPC

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Oklahoma State University, Stillwater, OK

Diagnostic Interviewer (ADIS-5)

July 2025 - **Present**

Laboratory of Emotion and Psychophysiology

Supervisor: DeMond M. Grant, Ph.D.

Oklahoma State University, Stillwater, OK

PSC Clinical Associate

Aug. 2022 - **Present**

Psychological Services Center (PSC) Training Clinic

Supervisor: Devin Barlaan, Ph.D., Ashley Cole, Ph.D., Tony Wells, Ph.D., Stephanie N. Mullins-Sweatt, Ph.D.

Oklahoma State University, Stillwater, OK

Clinical Practicum Team Supervision

Aug. 2022 - **Present**

Psychological Services Center (PSC) Training Clinic

Supervisor: Devin Barlaan, Ph.D.

Oklahoma State University, Stillwater, OK

Mighty Mouth (Selective Mutism) Kids Camp Counselor

July 2025 – July 2025

University of Oklahoma Health Sciences Center

Supervisor: Shawna Standiford, M.Ed., LPC

Child Study Center, Oklahoma City, OK

Doctoral Alcohol and Substance Abuse Center Intern

Aug. 2024 – May 2025

University Counseling Services (UCS)

Supervisor: Amy Anderson, M.Ed., LPC, LADC

Oklahoma State University, Stillwater, OK

TEACHING/PROFESSIONAL EXPERIENCE

Graduate Teaching Assistant

Aug. 2025 – **Present**

PSYC 5153 – Graduate Cognitive Assessment (Fall 2025)

Supervisor: Devin Barlaan, Ph.D.

Oklahoma State University, Stillwater, OK

Course Instructor

June. 2024 – Aug. 2025

PSYC 3443 – Undergraduate Psychopathology (Summer 2024, Summer 2025)

Supervisor: Tony Wells, Ph.D.

Oklahoma State University, Stillwater, OK

Graduate Teaching Assistant

Aug. 2024 – May 2025

PSYC 4183 – Undergraduate Issues in Clinical Psychology (Fall 2024, Spring 2025)

Supervisor: LaRicka R. Wingate, Ph.D.

Oklahoma State University, Stillwater, OK

Graduate Teaching Assistant

Jan. 2025 - May 2025

PSYC 3343 – Undergraduate Black Psychology (Spring 2025)

Supervisor: LaRicka R. Wingate, Ph.D.

Oklahoma State University, Stillwater, OK

Graduate Teaching Assistant

Aug. 2024 – Dec. 2024

Revised: 08/24/2025

PSYC 3883 – Undergraduate Positive Psychology (Fall 2024)
Supervisor: LaRicka R. Wingate, Ph.D.
Oklahoma State University, Stillwater, OK

Course Instructor Aug. 2023 – May 2024
PSYC 1113 – Undergraduate Introductory Psychology (Fall 2023, Spring 2024)
Supervisor: Angela Andrade, Ph.D.
Oklahoma State University, Stillwater, OK

Graduate Teaching Assistant Aug. 2022 – May 2023
PSYC 3214 – Undergraduate Quantitative Statistics in Psychology (Fall 2022, Spring 2023)
Supervisor: DeMond M. Grant, Ph.D.
Oklahoma State University, Stillwater, OK

Graduate Assistant – Psychology Student Diversified Program June 2023 – July 2023
Supervisor: Patricia D. Alexander
Oklahoma State University, Stillwater, OK

Undergraduate Teaching Assistant Supervisor Jan. 2019 – May 2020
PSYC 2003 – Undergraduate General Psychology
Supervisor: Jeremy Holm, Ph.D.
University of Arkansas, Fayetteville – J. William Fulbright College of Arts & Sciences

English Teacher Sept. 2014 – March 2017
YMS Language School
Tokyo, Japan

English Teacher Oct. 2016 – March 2017
ECC Foreign Language Institution
Tokyo, Japan

English Teacher Aug. 2013 – Aug. 2014
GEA
Shizuoka, Japan

FELLOWSHIPS, HONORS & AWARDS

Research Travel Award (\$400) 2024
Graduate and Professional Student Government Association
Oklahoma State University
Stillwater, Oklahoma

Graduate Research Funds (\$200) 2024
Department of Psychology
Oklahoma State University
Stillwater, Oklahoma

Research Travel Award (\$400) 2023
Graduate and Professional Student Government Association
Oklahoma State University
Stillwater, Oklahoma

Graduate Research Funds (\$200) 2023
Department of Psychology
Oklahoma State University
Stillwater, Oklahoma

Diverse Teaching Award (\$200) 2023
Oklahoma State University
Stillwater, Oklahoma

Vennerberg/Wells Summer Scholarship First-Year Students (\$500) 2023
Oklahoma State University
Stillwater, Oklahoma

College of Arts and Sciences Outstanding Teaching Award Nomination 2022 - 2023
Oklahoma State University
Stillwater, Oklahoma

Diversity in Research and Multidisciplinary Neuroscience (DReaM-Neuro) Post-Baccalaureate Fellowship Feb. 2021 – July 2022
Laureate Institute for Brain Research
Tulsa, Oklahoma

University of Delaware BRIDGE Visit Day Oct. 2019
Newark, Delaware

UNDERGRADUATE MENTORSHIP

Psychology Diversified Student Program (PDSP; 4 undergraduates)	Fall 2022 – Present
LEAP Lab (11 undergraduates)	Fall 2024 - Present

SKILLS

IBM SPSS Statistics, Statistical analysis and programming in R, Excel, REDCap, Qualtrics, Net station Acquisition, (EEG), Eyeblink startle EMG acquisition with BIOPAC, Microsoft Office

ACTIVE PARTICIPATION IN SCIENTIFIC MEETINGS

2024: Oklahoma State University, Active Minds, invited ASAC guest speaker
2024: Oklahoma State University, Brew Review, invited ASAC guest speaker
2023: Oklahoma State University, Teaching Practicum Diversity Panelist
2023: Oklahoma State University, Black Graduate Student Association (BGSA) Colloquium, Moderator
2022: Tulsa's Young Professionals (TyPros), invited diversity guest speaker
2021: Zarrow Mental Health Symposium, Online Conference
2021: Society for Research in Psychopathology, Online Conference

ASSOCIATIONS

Oklahoma State University Psychology Graduate Student Association (PGSA) Aug. 2022 – **Present**
Student Member

Graduate and Professional Student Government Association (GPSGA) Aug. 2022 – **Present**

Student Member

Oklahoma State University Psychology Graduate Student Association (PGSA) Aug. 2023 – May 2024

Curriculum and Undergraduate Training Committee Representative - Clinical

Laureate Institute for Brain Research Diversity and Inclusion

Oct. 2020 – July 2022

General Member

University of Arkansas Psychology Department Diversity and Inclusion Committee

2020

Undergraduate Representative

Psi Chi, the International Honors Society in Psychology

2019 - Present

Student Member

TRAINING CERTIFICATIONS

Collaborative IRB Training Initiative (CITI)

2019 – 2027

CPR Certification

2021 – 2023